

Power of the Spirit - CYC 2020

This was my third year going to Challenge Youth Conference. CYC was great this year; it always is. Every year what I learn at CYC helps me continuously grow in Christ. The theme this year was POWER. One of the speakers, Zachary Waugh, spoke about "The Power of the Spirit."

In John 16:7 Jesus tells his disciples that it is for their good that he is going away. That sounds strange at first. The idea of Jesus physically leaving our presence for our benefit can be a little confusing. However, when you understand the Power of the Spirit it is amazing and perfect.

The Holy Spirit is God. Every baptized believer has the Holy Spirit in them. The spirit of God is not dull. It is true power. Through the death, burial, and resurrection of Jesus Christ we have power over sin and death. In Romans, chapters 7 and 8, Paul talks about our sin causing us to feel conflicted within and causing our bodies to be subject to death. However, because we have the spirit of God we are free from sin and death. Even though we still sin and do things contrary to His will for our lives, He forgives us always.

Through the spirit, we are adopted children of God. He, through the power of the spirit, helps us in our weakness. Through the spirit, God understands our prayers and knows what we need. Even when we are confused and lost the spirit connects us with God. The spirit God gave us is immensely powerful. However, we don't always feel the power of the Spirit.

We get spiritual highs from things like camp or mission trips, but then it fades and we feel weaker. At these places and events, we are walking in step with the spirit and living how God wants us to. It's so easy to quit walking in step like we should when we get home. We must surrender our lives and everything that is contrary to the spirit. Then the spirit will grow and we will be walking and living in the spirit of God. "For God gave us a spirit not of fear but of power and love and self-control." 2 Timothy 1:7

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